

CHICAGO TRANSIT AUTHORITY
PREVENTIVE REFRESHER TRAINING
RAIL SYSTEM

BOARDING AND ALIGHTING EQUIPMENT

Conductors, Motormen and Switchmen working in the yard or on the right of way should use the following procedures when boarding or alighting from trains.

BOARDING:

1. Board only while equipment is standing.
2. Always face equipment when boarding.
3. When boarding use stirrups and grab handles provided.
4. Be alert for grease, ice, and snow on stirrups, grab handles, and end sills.
5. Do not step on drawbars or use chains as handholds.
6. Do not board from third rail side unless absolutely necessary.
7. Do not board at the semi-permanent coupling or between units.

ALIGHTING:

1. Alight only while equipment is standing.
2. Be alert for clearance from other equipment, switch stands, and insecure footing.
3. Check for train operating on adjacent track. Look in both directions.
4. Use grab handles and foot stirrups provided.
5. Always exit back first, holding the grab handles firmly as you descend to track level.
6. Be alert for grease, ice, and snow on stirrups, grab handles, and end sills.
7. Do not exit at the semi-permanent coupling or between units.
8. Do not alight from third rail side unless absolutely necessary.
9. Exiting from the end door should be avoided if possible.
 - If necessary to alight at end door:
 - a. Unhook safety chains at end door.
 - b. Close end door by using door handle.
 - c. Do not jump from drawbars or use chains as handholds.
 - d. Use side stirrups and grab handles provided.

NOTE: Be especially alert during wet weather to avoid contact with third rail from wet clothing. Short rain coats are recommended as long coats can drag across the third rail causing electrical shock.

